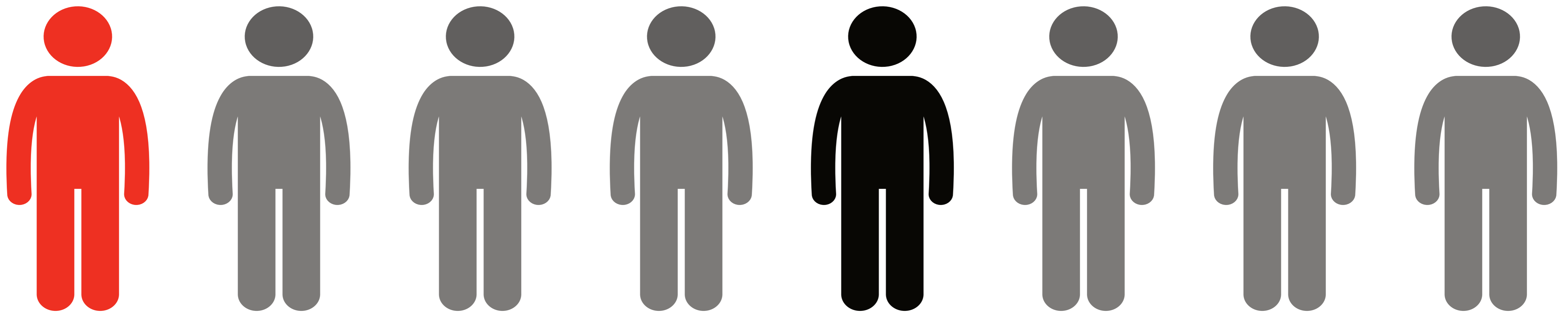




Somerset Prostate Support Association

Raising awareness and the early detection of prostate cancer



One in eight men is likely to be diagnosed with Prostate Cancer in their lifetime.

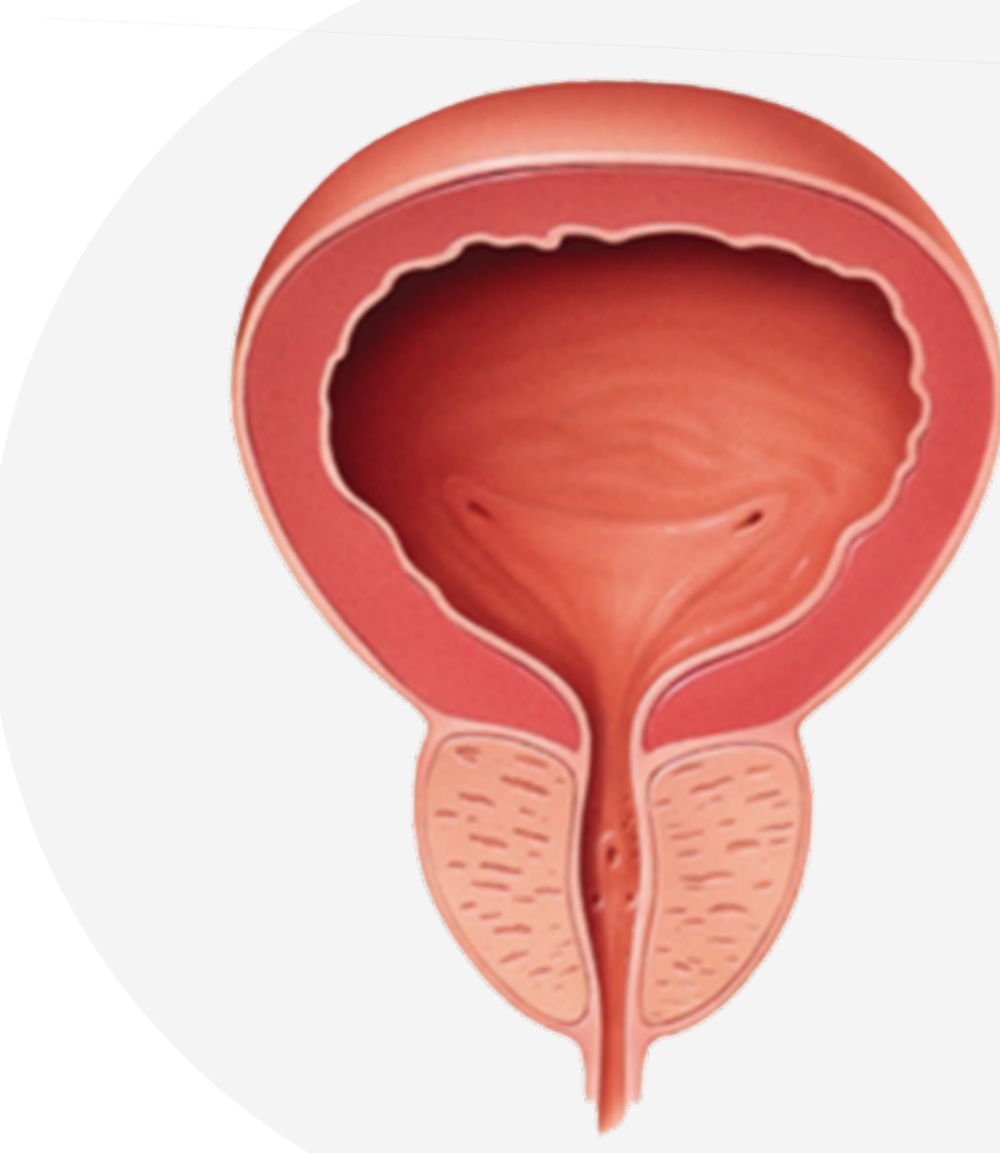
Symptoms of Prostate Cancer



Difficulty Urinating
Hesitancy or Dribbling
Frequent Urinating - Day & Night



Blood in Urine or Semen
Painful Urination
Urgent Urination



Bladder

Prostate



Erectile Dysfunction
Discomfort in the Pelvic Area
Back Pain or Weak Lower Limbs



Should I have a PSA Test?
Over Fifty-Five - ✓
Family History - ✓
Any of the above Symptoms - ✓



The SPSA provides free PSA testing throughout Somerset with personal donations and sponsorship from local clubs, organisation and companies.

The PSA test is a simple blood test, the results of which are sent directly to you.



Book a test online - <https://spsa.mypsatests.org.uk>

For more info, visit the SPSA website - <https://spsa.uk>

Facebook: <https://facebook.com/groups/somerset.prostate>